

A Pet Parent's Guide to Checking Lumps & Bumps

Regularly checking your pet for lumps and bumps is one way to stay proactive about their health. Many are harmless, but the sooner you notice a new growth or a change, the sooner your veterinarian can guide you on next steps.

How to Examine Your Pet

Make at-home checks part of your routine, during grooming, cuddles, or after a bath. Start at your pet's head and slowly move your way back towards the tail. Don't forget less obvious spots like around the tail or between the toes.

How to Talk to Your Vet

If you discover a lump or bump, your veterinarian will want a few key details. Remember "LUMPS" to help guide the conversation:

L

ocation

Where is the lump?

U

pdates

When did you first notice the lump? Has it changed in size, shape, or how it feels?

M

akeup

Is it soft, firm, or somewhere in between?

P

et Changes

Has your pet shown any changes in energy, appetite, or behavior?

S

ize

How big is it?

Don't just watch and wait.

Support your pet's long-term health by regularly checking them for lumps and bumps and communicating with your vet.

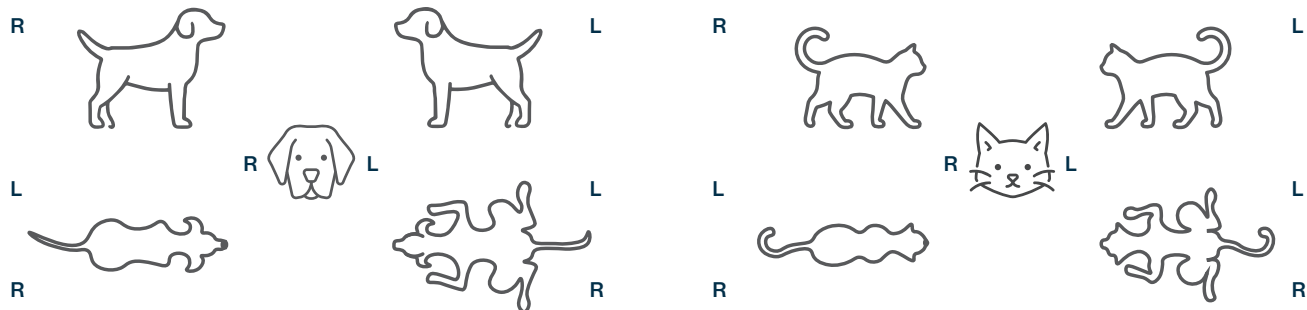


See the next page for a handy body map for keeping note of any lumps your pet has



If You Find Something:

Mark the location of the lump on the diagram below, and schedule a visit with your vet.



Date first noticed: _____

Has it changed over time? _____

Size (approx.): _____

Texture (check all that apply):

☐ Soft

☐ Fixed/Stuck

☐ Fluid Filled

☐ Firm

☐ Movable

☐ Other: _____

Anything unusual (check all that apply):

☐ Change of color

☐ Rapid growth

☐ Scabbing

☐ Open wound not healing

☐ Bleeding/oozing/discharge

☐ Other: _____

What's Next?

Your vet will examine and diagnose your pet's mass and talk through treatment options.

Ask Your Vet About Cryotherapy.

Cryotherapy uses extreme cold to freeze and kill lumps, bumps, and tumors. Previously limited to human medicine, this minimally invasive treatment is now an option for certain benign and cancerous masses that are common in pets.

❄ Minimal discomfort

❄ Short recovery and quick return to normal activity

❄ Cost effective

❄ Often performed without general anesthesia

Learn More



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Cryotherapy**